



HOW TO SPA

Your great experience is our greatest asset. Please come early to change in the locker room to prepare for your treatment(s) and to enjoy our amenities. in the spa lounge, including the sauna before or after.

Guests should arrive a minimum of 15 minutes prior to the first scheduled appointment. This allows for time to check in, relax and let your mind enter a peaceful and tranquil place.

Aqua Spa at the Beach Club provides guests with a robe, slippers, and a locker key at the time of check-in. Special draping practices are used during all treatments for your comfort and privacy. Bathing suits are required in the Jacuzzi. Food and beverage service to guests of the spa is available upon request. *All prices are subject to change without notice.*

AGE REQUIREMENT

No one under the age of 18 is permitted in the spa lounge or locker rooms. Some spa services may be booked for our guests under 18, if accompanied by an adult.

CANCELLATION NOTICE

A 24-hour notice is required to avoid full service charges for a no-show or cancelled services.

GRATUITY

A 20% gratuity will be added to all spa services.

GIFT CERTIFICATES

Gift certificates for spa services and spa retail items are a great gift for any special occasion. Inquire at Spa Reception.

SERVICES BY APPOINTMENT

To ensure service availability, please schedule appointments at least 24 hours in advance. To make an appointment, cancel or reschedule service, please dial 850.932.5389. Aqua Spa does not accept walk-ins.

AMENITIES

Dry Sauna, Steam Room, Showers, & Relaxation Lounge

HOURS OF OPERATION

Open daily 9am-5pm. (Hours subject to change seasonally) Later appointments upon request.

PREMIERISLAND
management group



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OPEN TO THE PUBLIC

WWW.BEACHCLUBAQUASPA.COM

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license number MM20782

AQUA SPA

Pampering is always in abundance at the Beach Club. Let the staff of Aqua Spa treat you to the relaxation and revitalization that you deserve during your island getaway. You'll find an array of facials, massages, body treatments, manicures and pedicures to rejuvenate mind, body and soul.

Guests are pampered with a complete range of Phytomer® skin care products, also available for purchase in the spa market.

BODY TREATMENTS

CONTOURING MARINE BODY WRAP

An ultra-smoothing contouring wrap treatment to instantly blur the appearance of cellulite while tackling visibly dimpled skin and excess fat.

\$110 / 50 MINUTES

SEA FOAM MUD BODY WRAP

Intensely active marine mud soothes tired, sore tissue while toxins are drawn from deep within leaving the body detoxified, remineralized and fully-oxygenated. Awake from relaxation to a refreshing shower and an application of rich body cream.

\$155 / 60 MINUTES | \$190 / 80 MINUTES

SUN-KISSED BODY EXFOLIATION WITH TANNER

A moisturizing exfoliant is applied to the body to create the perfect palette, followed by a professional application of self-tanning gel for the perfect golden glow.

\$90 / 60 MINUTES

FULL BODY SEA SCRUB - SALT GLOW

A moisturizing exfoliant, containing sea-derived granules, will gently slough dead cells away, while the creamy base hydrates the thirstiest skin. Each scrub is customized with the addition of a boosting serum to target relaxation, invigoration, deep cleansing, contouring or firming.

\$60 / 30 MINUTES
(UPGRADE \$20 FOR MOISTURIZING LOTION)

BODY FIRMING WRAP

The body is wrapped in firming gel, rich in anti-aging sea minerals. While self-heating mud is applied on the feet, a firming elixir is then massaged into all skin to immediately hydrate, tighten and stimulate.

\$110 / 50 MINUTES

REMINERALIZING BODY WRAP

An essential oil-infused seawater gel provides all the trace minerals to rebalance sluggish cells, in turn eliminating the cause of many skin and body conditions in this rejuvenation body wrap. Skin will feel silky and the body calmly re-energized.

\$120 / 60 MINUTES | \$160 / 80 MINUTES

AQUA

• THE SPA AT THE BEACH CLUB •

MASSAGE SPA BODY TREATMENTS

TREASURES OF THE SEA TREATMENT

A specialized therapeutic massage is performed with the Relaxing Elixir to melt tight muscles or the Draining Elixir to increase circulation; customized for your needs. A warmed Seawater Massage Balm rebalances from head to toe while leaving the skin feeling revived and hydrated. **\$150 / 50 MINUTES | \$190 / 80 MINUTES (80 MIN. INCLUDES REMINERALIZING BODY WRAP)**

SEA HOLISTIC EXFOLIATION & MASSAGE

After marine oil and salt gently polish the skin, steamed, fragrant linen bundles filled with Marina Salt Crystals and lavender buds deliver warmth throughout the massage. The massage movements, taken from Thai massage techniques, are combined with pressure points and stretching to unwind areas of tension and restore balance to the entire body. **\$120 / 60 MINUTES | \$160 / 90 MINUTES**

RENEWAL EXFOLIATING MASSAGE

While relaxing Self Heating Mud packs are applied to the spine, a massage is performed using a creamy exfoliant infused with an endorphin releasing aromatherapy serum – simultaneously revitalizing the skin and senses. **\$120 / 50 MINUTES | \$180 / 80 MINUTES**

MASSAGES

30M. 50M. 80M. 110M.

SWEDISH MASSAGE \$60 \$85 \$135 \$180

Light relaxing pressure to reduce stress and relax the body.

DEEP TISSUE \$75 \$100 \$150 \$200

Firm to intense pressure to deeply relax areas of chronic tension and stress.

AROMATHERAPY \$70 \$95 \$145

Use of essential oils targeted for your specific needs.

HOT STONE (SPA ONLY) \$130 \$180

Heat is used to relax and loosen muscle tension to promote deep relaxation of the body.

***COUPLES MASSAGE ADD \$40**



FACIALS

SEAWATER PEARL INSTANT HYDRATION RITUAL

Designed to restore moisture, this signature treatment starts with a deep cleanse and exfoliation followed by a nourishing massage performed with warm boluses filled with pure red seaweed and liquid calcium seawater pearls. Throughout the massage, the pearls break and the skin is enriched with vitality and hydration. Finally, a creamy mixture of shea butter and red seaweed is painted on skin to plump the complexion. **\$120 / 50 MINUTES | \$155 / 80 MINUTES**

LIFELINE® STEM CELL INFUSED FACIAL

Experience a new generation of skin transformation. This non-embryonic stem cell treatment promotes epidermal renewal and skin rejuvenation. The results are diminished wrinkles, improved texture and a dramatic radiance of the skin. Lifeline Skin Care and its affiliates do not guarantee specific results. Results may vary. **\$150 / 50 MINUTES**

YOUTHFUL GLOW ANTI-AGING FACIAL

Wrinkle Reduction Focus: A specially formulated toning mask utilizing Marine Spring Water reduces the depth of wrinkles and revives the skin's natural firmness, improves texture and tone, nourishes, and increases cellular turnover. Skin Illuminating Focus: Utilizing the latest technology in skin brightening with sea lily extract, this facial reduces the size and pigmentation of liver spots, while visibly illuminating skin color. **\$150 / 50 MINUTES**

SEASIDE SOLUTIONS CUSTOM FACIAL

A highly concentrated marine mask, selected especially for your skin type, targets the improvement of the skin's functions, producing exceptional results. **\$95 / 50 MINUTES**

SEASIDE EXPRESS FACIAL

Enjoy a mini treatment that targets your specific needs with a mask especially for your skin type. **\$60 / 30 MINUTES**

GENTLE SOOTHING FACIAL

A gentle cleansing and exfoliating process creates a smooth skin texture in preparation for a targeted anti-blotch serum, and a creamy anti-inflammatory facial mask. The complexion is left even-keeled and serene. **\$95 / 50 MINUTES**

SEA BREEZE CLARIFYING FACIAL

A deeply cleansing and purifying treatment, the Sea Breeze Facial incorporates skin exfoliation, and natural serums and algae extracts to absorb impurities and deliver ingredients deep into the skin so that a bright, even and clear complexion can emerge. **\$95 / 50 MINUTES**

GENTLEMEN'S SOOTHING CUSTOM FACIAL

The face is deeply cleansed, double exfoliated, moisturized and soothed to reduce sensitivity commonly associated with daily shaving. A skin-targeted serum is applied, followed by an eye treatment and lifting facial mask, and ends with a relaxing scalp massage. **\$95 / 50 MINUTES**

FACIAL ADD-ON SERVICES

EYE DELIGHT

Soothing treatment for the delicate area surrounding the eye leaving a rejuvenated and illuminated look. **\$35**

LIP SMOOTHER

Instant repair to soothe lips and restore plumpness. **\$20**

MUD MASK UPGRADE

Warm, rich mud is applied to the face to promote deep tissue detoxification and exfoliation. **\$25**

DÉCOLLETÉ PARFAIT

An application of serums and a plumping mask target hyper-pigmentation and smooth creased skin on the lower neck and chest. **\$25**

LIFELINE® STEM CELL INFUSED EYELIFT

Instantly give eyes a revived and lifted look with this revolutionary system to dramatically transform eyes' appearance with this non-embryonic stem cell treatment. Lifeline Skin Care and its affiliates do not guarantee specific results. Results may vary. **\$55 / SERIES OF TEN \$500**

ADD-ON SERVICES

FOOT TREATMENT

Exfoliation to the feet to remove all old skin cells and replenish with a rich moisturizing mask followed by a foot massage to relax your entire body **\$25**

MUD TREATMENT UPGRADE

Warm, rich mud is applied to spine of the body to promote deep tissue detoxification **\$25**

BACK EXFOLIATION

Hot towels are used to sooth and cleanse the back before applying a body gommage to exfoliate dead skin cells followed by a hydrating lotion application. Leaves back smooth and hydrated **\$30**

DETOXIFYING MUD BACK FACIAL

A deep cleansing and exfoliation are followed by the application of self-heating marine mud to the spine to detoxify and release muscular tension. A skin-specific treatment mask is then applied to balance and correct any conditions present – topped off with intense moisturizers. **\$95 / 60 MINUTES**



SEEMASK LED LIGHT MASK

LED light therapy features a non-invasive electronic mask which utilizes low level pulses of light. This procedure activates skin cells by converting light energy to promote healing and anti-aging and stimulate collagen formation. **\$95 / 20 MINUTES**



BLUE: reduces frequency of acne breakouts.

RED: smoothes fine lines, wrinkles, and diminishes sun spots.

RED/BLUE: effective in treating acne, rosacea and uv damage.

NAIL CARE

AQUA SPA MANICURE & PEDICURE

A moisturizing scrub prepares the skin for nail shaping and a detailed cuticle grooming session. Skin is then hydrated with a gentle, relaxing massage and the experience concludes with a polish application for beautiful hands and feet.

CLASSIC SPA MANICURE \$30

CLASSIC SPA PEDICURE \$60

BUFF PEDICURE \$50

MANICURE & PEDICURE \$85

add french \$15

add gel polish \$15

add soak off gel \$10

add exfoliation and mask \$25

polish change \$25

parafin dip \$10

TINTING

Lash tinting gives you the deep dark lashes everyone wants without having to apply mascara.

BROW TINT \$25

LASH TINT \$25

BROW AND LASH \$45

WAXING

BROW OR LIP \$20

BROW AND LIP \$35

BIKINI \$55+

BRAZILIAN \$80+

ARMS \$50+

HALF LEG / FULL LEG \$60/80

BACK OR CHEST \$65+

BACK AND CHEST \$120

UNDERARMS \$35+

**Clients are responsible for informing service provider of any creams, lotions or other products that could interfere with waxing*